

WOMEN: Symptoms Test

Section A:

PMS

Insomnia

Early miscarriage

Painful and/or lumpy breasts

Unexplained weight gain

Cyclical headaches

Anxiety

Infertility

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, go to answer section to find out what type of hormonal imbalance you may have.*

Section B:

Vaginal dryness

Night sweats

Painful intercourse

Memory problems

Bladder infections

Lethargic depression

Hot flashes

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, go to answer section to find out what type of hormonal imbalance you may have.*

Section C:

Puffiness and bloating

Cervical dysplasia (abnormal pap smear)

Rapid weight gain

Breast tenderness

Mood swings

Heavy bleeding

Anxious depression

Migraine headaches

Insomnia

Foggy thinking

Red flush on face

Gallbladder problems

Weepiness

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, turn to answers to find out what type of hormonal imbalance you may have.*

Section D:

The total checked boxes of the symptoms in A and C

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, turn to answers to find out what type of hormonal imbalance you may have.*

Section E:

Acne

Polycystic ovary syndrome (PCOS)

Excessive hair on the face and arms

Hypoglycemia and/or unstable blood sugar

Thinning hair on the head

Infertility

Ovarian cysts

Mid-cycle pain

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, turn to answers to find out what type of hormonal imbalance you may have.*

Section F:

Debilitating fatigue

Unstable blood sugar

Foggy thinking

Low blood pressure

Thin and/or dry skin

Intolerance to exercise

Brown spots on face

TOTAL BOXES CHECKED _____*

**If you have checked two or more boxes in this section, turn to answers to find out what type of hormonal imbalance you may have.*